

Color & Energy Workshop
Karen O'Neil
Materials List

Please call me at (845)679-3073 or email me at koneilart@hvc.rr.com with any questions or concerns.

Visit my website www.karenoneilpaintings.us.vu.

You may choose to work with oil or acrylic paint, soft pastels, oil pastels, or color pencils.

The following color list is based on oil paints – if you work in a different medium, get colors as close as possible to the list. Painters get the large tube of white, all other colors are studio size tubes. Winton brand for oil paints is a good bet, they are inexpensive, and also make a wonderful permanent rose. Winton is the “student grade” of Winsor Newton paint.

White – I Like Permalba Or Utrecht’s White
Naples Yellow
Cadmium Lemon Yellow
Cadmium Yellow Light, Medium, And Deep
Cadmium Red Light, Medium, And Deep
Yellow Ochre
Burnt Sienna
Burnt Umber
Permanent Rose, Or Magenta, Or Quinacridone Rose
Alizarin Crimson
Permanent Green Light
Phthalo Green
Sap Green
Ultramarine Blue
Cerulean Blue Or Cerulean Blue Hue

Brushes: Bristle, brights one of each: #12, #10, #8, #4. Splurge on a #14 if your budget allows.

A palette for your paints, clip-on cup for linseed oil, and a 3” or so palette knife or painting knife for mixing paint.

Canvas boards or stretched canvases no larger than 16” x 20”.

Turpenoid Natural for cleaning brushes. An old coffee can with lid for cleaning brushes.

Paper towels or rags, a portable easel, insect repellent

ABSOLUTELY NO MINERAL SPIRITS OR TURPENTINE ARE TO BE USED ON PREMISES!!!
ONLY LOW TOXICITY SOLVENTS SUCH AS *TURPENOID NATURAL* ARE ALLOWED.

Please visit the office for a comprehensive list of acceptable solvents.