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The Poetic Still Life Workshop
Paul Abrams
Materials List

Palette – wooden palette or disposable palette or plastic or enamel kitchen tray or white freezer wrap taped to a flat surface

Two Plastic Containers – one for medium, one for solvent (Turpenoid Natural, green can).

Paper Towels – one roll

Mediums – Winsor Newton Artisan Oil Painting Medium

Brushes/Pencils/Knives
Palette knife - metal is best – rounded tip
Pencil
Small (1/4 to ½ wide) and medium (3/4 to 1" wide) Langnickel snowhite Filbert brushes (at Catskill Art Supply, and 1 ½ soft to cover larger areas (Dollar Store). Buy at least 1 small, 1 medium and 1 large. Best to buy all sizes indicated but not required.

Paints
Any brand you prefer. Students choice of traditional oils or water-soluble oils.
Necessary colors:

1. Blue-Ultramarine
2. Burnt Umber
3. Black – Ivory
4. Titanium White
5. Yellow Ochre
6. Alizarin Crimson (optional)
7. Raw Sienna
8. Vermillion or any red oxide paint (may also be called Venetian Red or English Red)
9. Raw Umber

Totally Optional: Cadmium Yellow Light (Expensive but Intense)

Canvas
Purchase three or four 12" x 16" or larger canvas or canvas board or gessoed panel.

Reference Material
As this is a studio class, **not plein air,** students must supply their own reference material (i.e. – sketch, photograph, reproduction).
All products are available at Catskill Art Supply and Michaels. All brushes are 30% off at Catskill Art Supply, and if you mention that you are a student you may be entitled to an additional discount on paint. Please make sure that you bring all your supplies to the first class.

ABSOLUTELY **NO MINERAL SPIRITS OR TURPENTINE** ARE TO BE USED ON PREMISES!!!
ONLY LOW TOXICITY SOLVENTS SUCH AS ***TURPENOID NATURAL*** ARE ALLOWED.
Please visit the office for a comprehensive list of acceptable solvents.